

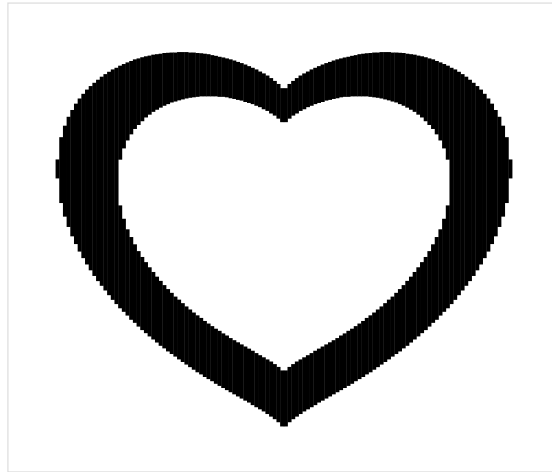
MyFoldedBook Cut & Fold Guide

Pattern: Heart Outline (300-page book, 20 cm) (Cut & Fold)

Book Height: 20.00 cm

Page Range: 1 - 301

Total Sheets: 150



Each line is one sheet, drawn where the paper folds — this is your finished piece.

How to Cut & Fold

You need scissors or a craft knife for this pattern, and a ruler.

1. Find the page number in the 'Page' column.
2. Measure every distance from the TOP edge of the sheet, along the fore-edge.
3. Cut only at the 'Cut at' marks — straight in from the fore-edge, 2-3 cm deep.
4. Fold back each 'Fold back' section towards the spine and tuck it behind.
5. Sections touching the top or bottom edge need no cut: crease from the spine corner to the mark, the same as a standard fold.
6. 'no cuts' means exactly that — fold the sheet as you would any plain pattern.
7. Rows reading 'leave flat' are outside the design: don't fold them at all.

Cut & Fold Coordinates

Page	Cut at (cm from top)	Fold back (cm from top)
1	no cuts	leave flat
3	no cuts	leave flat
5	no cuts	leave flat
7	no cuts	leave flat
9	no cuts	leave flat
11	no cuts	leave flat
13	no cuts	leave flat
15	no cuts	leave flat

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Page	Cut at (cm from top)	Fold back (cm from top)
17	no cuts	leave flat
19	no cuts	leave flat
21	no cuts	leave flat
23	no cuts	leave flat
25	no cuts	leave flat
27	no cuts	0.00-6.67 7.48-20.00
29	no cuts	0.00-5.72 8.53-20.00
31	no cuts	0.00-5.23 9.11-20.00
33	no cuts	0.00-4.85 9.55-20.00
35	no cuts	0.00-4.56 9.95-20.00
37	no cuts	0.00-4.29 10.28-20.00
39	no cuts	0.00-4.07 10.60-20.00
41	no cuts	0.00-3.87 10.88-20.00
43	no cuts	0.00-3.69 11.15-20.00
45	no cuts	0.00-3.54 11.40-20.00
47	no cuts	0.00-3.40 11.64-20.00
49	no cuts	0.00-3.27 11.86-20.00
51	no cuts	0.00-3.14 12.06-20.00
53	no cuts	0.00-3.03 12.26-20.00
55	no cuts	0.00-2.93 12.46-20.00
57	no cuts	0.00-2.83 12.66-20.00
59	no cuts	0.00-2.76 12.84-20.00
61	6.68 8.63	0.00-2.67 6.68-8.63 13.02-20.00
63	6.20 9.20	0.00-2.60 6.20-9.20 13.17-20.00
65	5.86 9.65	0.00-2.53 5.86-9.65 13.33-20.00
67	5.60 9.98	0.00-2.47 5.60-9.98 13.51-20.00
69	5.37 10.29	0.00-2.40 5.37-10.29 13.64-20.00
71	5.20 10.58	0.00-2.36 5.20-10.58 13.80-20.00
73	5.04 10.83	0.00-2.31 5.04-10.83 13.95-20.00
75	4.88 11.05	0.00-2.27 4.88-11.05 14.08-20.00
77	4.76 11.27	0.00-2.24 4.76-11.27 14.22-20.00
79	4.64 11.47	0.00-2.20 4.64-11.47 14.35-20.00
81	4.55 11.67	0.00-2.18 4.55-11.67 14.48-20.00
83	4.46 11.85	0.00-2.16 4.46-11.85 14.62-20.00

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Page	Cut at (cm from top)	Fold back (cm from top)
85	4.38 12.03	0.00-2.13 4.38-12.03 14.73-20.00
87	4.31 12.20	0.00-2.12 4.31-12.20 14.86-20.00
89	4.24 12.36	0.00-2.11 4.24-12.36 14.97-20.00
91	4.20 12.52	0.00-2.11 4.20-12.52 15.08-20.00
93	4.15 12.65	0.00-2.09 4.15-12.65 15.20-20.00
95	4.11 12.80	0.00-2.09 4.11-12.80 15.31-20.00
97	4.07 12.94	0.00-2.09 4.07-12.94 15.42-20.00
99	4.04 13.07	0.00-2.11 4.04-13.07 15.53-20.00
101	4.02 13.20	0.00-2.11 4.02-13.20 15.64-20.00
103	4.00 13.32	0.00-2.13 4.00-13.32 15.75-20.00
105	3.98 13.43	0.00-2.14 3.98-13.43 15.84-20.00
107	3.98 13.56	0.00-2.16 3.98-13.56 15.95-20.00
109	3.98 13.67	0.00-2.18 3.98-13.67 16.04-20.00
111	3.98 13.78	0.00-2.22 3.98-13.78 16.13-20.00
113	3.98 13.89	0.00-2.25 3.98-13.89 16.24-20.00
115	4.00 13.98	0.00-2.29 4.00-13.98 16.33-20.00
117	4.00 14.09	0.00-2.32 4.00-14.09 16.42-20.00
119	4.02 14.18	0.00-2.36 4.02-14.18 16.51-20.00
121	4.06 14.29	0.00-2.40 4.06-14.29 16.60-20.00
123	4.09 14.38	0.00-2.45 4.09-14.38 16.69-20.00
125	4.13 14.47	0.00-2.51 4.13-14.47 16.78-20.00
127	4.16 14.56	0.00-2.56 4.16-14.56 16.87-20.00
129	4.22 14.65	0.00-2.62 4.22-14.65 16.96-20.00
131	4.26 14.74	0.00-2.69 4.26-14.74 17.04-20.00
133	4.31 14.83	0.00-2.76 4.31-14.83 17.15-20.00
135	4.38 14.93	0.00-2.83 4.38-14.93 17.24-20.00
137	4.44 15.02	0.00-2.92 4.44-15.02 17.33-20.00
139	4.53 15.11	0.00-3.00 4.53-15.11 17.42-20.00
141	4.60 15.20	0.00-3.09 4.60-15.20 17.53-20.00
143	4.71 15.29	0.00-3.20 4.71-15.29 17.64-20.00
145	4.80 15.40	0.00-3.32 4.80-15.40 17.75-20.00
147	4.93 15.52	0.00-3.45 4.93-15.52 17.88-20.00
149	5.08 15.67	0.00-3.63 5.08-15.67 18.06-20.00
151	5.08 15.67	0.00-3.63 5.08-15.67 18.06-20.00

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Page	Cut at (cm from top)	Fold back (cm from top)
153	4.93 15.52	0.00-3.45 4.93-15.52 17.88-20.00
155	4.80 15.40	0.00-3.32 4.80-15.40 17.75-20.00
157	4.71 15.29	0.00-3.20 4.71-15.29 17.64-20.00
159	4.60 15.20	0.00-3.09 4.60-15.20 17.53-20.00
161	4.53 15.11	0.00-3.00 4.53-15.11 17.42-20.00
163	4.44 15.02	0.00-2.92 4.44-15.02 17.33-20.00
165	4.38 14.93	0.00-2.83 4.38-14.93 17.24-20.00
167	4.31 14.83	0.00-2.76 4.31-14.83 17.15-20.00
169	4.26 14.74	0.00-2.69 4.26-14.74 17.04-20.00
171	4.22 14.65	0.00-2.62 4.22-14.65 16.96-20.00
173	4.16 14.56	0.00-2.56 4.16-14.56 16.87-20.00
175	4.13 14.47	0.00-2.51 4.13-14.47 16.78-20.00
177	4.09 14.38	0.00-2.45 4.09-14.38 16.69-20.00
179	4.06 14.29	0.00-2.40 4.06-14.29 16.60-20.00
181	4.02 14.18	0.00-2.36 4.02-14.18 16.51-20.00
183	4.00 14.09	0.00-2.32 4.00-14.09 16.42-20.00
185	4.00 13.98	0.00-2.29 4.00-13.98 16.33-20.00
187	3.98 13.89	0.00-2.25 3.98-13.89 16.24-20.00
189	3.98 13.78	0.00-2.22 3.98-13.78 16.13-20.00
191	3.98 13.67	0.00-2.18 3.98-13.67 16.04-20.00
193	3.98 13.56	0.00-2.16 3.98-13.56 15.95-20.00
195	3.98 13.43	0.00-2.14 3.98-13.43 15.84-20.00
197	4.00 13.32	0.00-2.13 4.00-13.32 15.75-20.00
199	4.02 13.20	0.00-2.11 4.02-13.20 15.64-20.00
201	4.04 13.07	0.00-2.11 4.04-13.07 15.53-20.00
203	4.07 12.94	0.00-2.09 4.07-12.94 15.42-20.00
205	4.11 12.80	0.00-2.09 4.11-12.80 15.31-20.00
207	4.15 12.65	0.00-2.09 4.15-12.65 15.20-20.00
209	4.20 12.52	0.00-2.11 4.20-12.52 15.08-20.00
211	4.24 12.36	0.00-2.11 4.24-12.36 14.97-20.00
213	4.31 12.20	0.00-2.12 4.31-12.20 14.86-20.00
215	4.38 12.03	0.00-2.13 4.38-12.03 14.73-20.00
217	4.46 11.85	0.00-2.16 4.46-11.85 14.62-20.00
219	4.55 11.67	0.00-2.18 4.55-11.67 14.48-20.00

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Page	Cut at (cm from top)	Fold back (cm from top)
221	4.64 11.47	0.00-2.20 4.64-11.47 14.35-20.00
223	4.76 11.27	0.00-2.24 4.76-11.27 14.22-20.00
225	4.88 11.05	0.00-2.27 4.88-11.05 14.08-20.00
227	5.04 10.83	0.00-2.31 5.04-10.83 13.95-20.00
229	5.20 10.58	0.00-2.36 5.20-10.58 13.80-20.00
231	5.37 10.29	0.00-2.40 5.37-10.29 13.64-20.00
233	5.60 9.98	0.00-2.47 5.60-9.98 13.51-20.00
235	5.86 9.65	0.00-2.53 5.86-9.65 13.33-20.00
237	6.20 9.20	0.00-2.60 6.20-9.20 13.17-20.00
239	6.68 8.63	0.00-2.67 6.68-8.63 13.02-20.00
241	no cuts	0.00-2.76 12.84-20.00
243	no cuts	0.00-2.83 12.66-20.00
245	no cuts	0.00-2.93 12.46-20.00
247	no cuts	0.00-3.03 12.26-20.00
249	no cuts	0.00-3.14 12.06-20.00
251	no cuts	0.00-3.27 11.86-20.00
253	no cuts	0.00-3.40 11.64-20.00
255	no cuts	0.00-3.54 11.40-20.00
257	no cuts	0.00-3.69 11.15-20.00
259	no cuts	0.00-3.87 10.88-20.00
261	no cuts	0.00-4.07 10.60-20.00
263	no cuts	0.00-4.29 10.28-20.00
265	no cuts	0.00-4.56 9.95-20.00
267	no cuts	0.00-4.85 9.55-20.00
269	no cuts	0.00-5.23 9.11-20.00
271	no cuts	0.00-5.72 8.53-20.00
273	no cuts	0.00-6.67 7.48-20.00
275	no cuts	leave flat
277	no cuts	leave flat
279	no cuts	leave flat
281	no cuts	leave flat
283	no cuts	leave flat
285	no cuts	leave flat
287	no cuts	leave flat

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Page	Cut at (cm from top)	Fold back (cm from top)
289	no cuts	leave flat
291	no cuts	leave flat
293	no cuts	leave flat
295	no cuts	leave flat
297	no cuts	leave flat
299	no cuts	leave flat

Generated by MyFoldedBook.com | 90 of 150 sheets need cutting | 180 cuts in total | Up to 2 sections per sheet.